

GIAAC Colts Summer Fixtures 2008

Tuesday night is training night and will start at **5.00pm** and finish at **6.15pm**.

Thursday night is competition night-registration is at **5.00-5.10pm** with the first event starting at **5.15pm sharp**.

Sunday mornings, if indicated, will start at **10.15am** and finish at **12.00pm**.

* Please note school years 1, 2 & 3 are Under 9s and school years 4 & 5 are Under 11s

SUMMER CHAMPIONSHIP – points accumulated from the Thursday competitions will count towards the Championship. Points will be totalled up at the end of the season. The more competitions you do, the more points you will score!

SUNDAY LEAGUE – points accumulated from the Sunday Competitions will be kept completely separate from Thursday competitions.

	<u>Under 9</u>	<u>Under 11</u>
APRIL		
Tuesday 1 st (<i>non championship event</i>)	50m Cricket Ball	60m Rounders Ball
Thursday 3 rd	DIGIMAP CHAMPIONSHIP 6 ó LøAnresse Beach car Park U7, U9, U11, U13, U15, U17 ó <u>Starts at 6.00pm Sharp</u>	
Tuesday 8 th (<i>non championship event</i>)	60m or 150m Rounders ball	75m or 300m Cricket Ball
Thursday 10 th	SERCOME & SON HANDICAP 5 - Vazon Tea Rooms U7, U9, U11, U13, U15, U17 ó <u>Starts at 6.00pm Sharp</u>	
Sunday 13 th	3 WAY TROPHY (RELAY) ó All Age Groups Followed by Cross Country Season Presentation - More details to follow	
Thursday 17 th (<i>non championship event</i>)	80m Standing Long Jump	100m Standing Long Jump
Sunday 20 th (<i>Sunday League 1</i>)	55m Cricket ball	55m Cricket Ball
<u>All Tuesday & Thursday competitions from here onwards will count towards the Summer Championship</u>		
Thursday 24 th	75m Long Jump	150m Shot Putt
MAY		
Thursday 1 st	50m or 150m Shot Putt	300m or 600m Long Jump
Tuesday 6 th	Standing Triple Jump	High Jump
Thursday 8 th	80m or 300m	60m or 800m
Friday 9 th	Liberation Day Run U9 & U11 ó Rouse to Grande Havre Tea Rooms 10.30 start U13, U15 & U17 ó Rouse to LøAnresse Bus Terminus 11.00am	
Sunday 11 th (<i>Sunday League 2</i>)	60m Hammer	80m hammer

May continued.....

Thursday 15 th	600m or 300m walk Rounders Ball	400m or 800m walk Rounders Ball
Sunday 18 th	Race for Life ó Footes Lane	Contact Alun Williams for details
Tuesday 20 th	High Jump into Sand Pit	Triple Jump
Thursday 22 nd	Shuttle Runs x 4 Javelin training	Shuttle runs x 6 Discus training
Saturday 24 th	Sark Runs ó see Bob or Jan for entry forms (all age groups from 6 years up)	
Thursday 29 th	55m hurdles Javelin	55m hurdles Discus

JUNE

Sunday 1 st (Sunday League 3)	200m Discus	400m Caber
Monday 2 nd / Wednesday 4 th / Thursday 5 th	Primary Schools Championship ó See Alun Williams for details	
Tuesday 3 rd	Multi Team Competition 1 ó starts 5.15pm sharp	
Thursday 5 th	Multi Team Competition 2 ó starts 5.15pm sharp	
Sunday 8 th (Sunday League 4)	55m hurdles Long Jump	55m hurdles Long Jump
Thursday 12 th	150m Hammer	400m Javelin
Sunday 15 th	Fathers Day Runs ó Bulwer Avenue 9.00am start School years 3/4 - 1 lap School Years 5/6 ó 2 laps	
Thursday 19 th	Run, Jump & Throw ó details to follow Points will count towards the championship and Triathlon	
Thursday 26 th	Beach Competition Night ó more details to follow	
Sunday 29 th (Sunday League 5)	Shuttle Runs x 4 50m or 600m	Shuttle Runs x 6 60m or 800m

JULY

Tuesday 1 st	80m	110m
Thursday 3 rd	High Jump in sand pit	High Jump on Matt
Sunday 6 th	CLUB CHAMPIONSHIP EVENT U9 ó 1000m U11 ó 2000m Starts and finishes on the track ó 10.00am start	
Tuesday 8 th	GIAAC Club Championship 1	
Thursday 10 th	GIAAC Club Championship 2	

July continued

Saturday 12 th	GIAAC Club Championship 3 ó starts 1.00pm sharp Followed by the Club Championship presentation	
Tuesday 15 th	Multi Team Competition 3 ó 5.15pm start	
Thursday 17 th	Multi Team Competition 4 ó 5.15pm start	
Sunday 20 th (Sunday League 6)	150m Standing Triple Jump	200m Shot Putt
*Tuesday 22 nd *	55m hurdles Long Jump	55m hurdles Long Jump
*Thursday 24 th *	60m Cricket Ball Speed Bounce	80m Cricket Ball Speed Bounce

Championship and Pentathlon events – points count double

Sunday 27 th (Sunday League 7)	600m High Jump into sand pit	800m High Jump into sand pit
Thursday 31 st	50m Hammer	60m Caber

AUGUST

Thursday 7 th	60m Standing Triple Jump	75m Triple Jump
Thursday 14 th	300m Javelin	600m Shot Putt
Thursday 21 st	75m Shot Putt	100m Javelin
Thursday 28 th	55m or 600m	110m or 800m

SEPTEMBER

Tuesday 2 nd	INTER INSULAR SQUAD TRAINING ONLY from 4.30 to 6.15pm	
Wednesday 3 rd	INTER INSULAR SQUAD TRAINING ONLY from 4.30 to 6.15pm	
Thursday 4 th	INTER INSULAR SQUAD TRAINING ONLY from 4.30 to 6.15pm	
Saturday 6 th	INTER INSULAR ó IN GUERNSEY	
Tuesday 9 th	Multi Team Competition Final followed by presentation for the summer season 5.00pm ó 7.00pm	

Details of the winter season to follow

If you have any questions, please call Bob on 246803 or 07781 146803.