

**GUERNSEY ISLAND AMATEUR ATHLETICS CLUB
COLTS & JUNIORS CROSS COUNTRY EASTER RUNS 2008**

Sponsored by Bourse Trust Company Ltd

ENTRY FORM

(Please complete in Block Capitals)

Date		Age Group	Distance	Venue	Time	Organiser
Fri 21 March (Good Friday)	Race 1	U7 U9 U11 U13 U15 U17	U7 – 500m U9 - 1K U11 - 2K U13 - 3K U15/U17 - 4K	Port Soif Headland	10.00am	Bob & Jan Carre Tel: 246803
Sat 22 March	Race 2	U7 U9 U11 U13 U15 U17	U7 – 300m U9 - 500m U11 - 1K U13 - 1.5K U15/U17 - 2K	Les Amarreurs (Lucksall Garage)	10.30am	Bob & Jan Carre
Sun 23 March (Easter Sunday)	Race 3	U7 U9 U11	Team Relay U7/U9/U/11 500m	Amarreurs (Lucksall Garage)	10.00am	Bob & Jan Carre
Sun 23 March (Easter Sunday)	Race 3	U13 U15 U17	Team Relay U13, U15 & U17 2 miles	Amarreurs (Lucksall Garage)	10.30am	Ossie Naftel Tel: 245920
Mon 24 March	Race 4	U7 U9 U11 U13 U15 U17	U7 – 500m U9 - 1K U11 - 2K U13 - 3K U15 - 4K U17 - 4K	L'Ancrese Lodge Car Park	10.30am	Bob & Jan Carre

All races will cost £1.00 entry per race

Team relays can be boys, girls or mixed teams. Four athletes per team.

There will be medals and other prizes during the weekend

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Surname:		Forename:	
Address:			
		Post Code:	
Sex:		School Year:	

Please enter me for the following races. I declare that I am medically fit to run and understand that I enter at my own risk. The organisers will not be held responsible for any injury, loss or damage caused as a result of my participation in the Easterruns 2008.

(tick boxes)

Friday 21 March Port Soif Headland	()	Sunday 23 March Team Relay – Amarreurs	()
Saturday 22 March Les Amarreurs	()	Monday 24 March L'Ancrese Lodge Car Park	()

Signed:		Date:	
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(parent/guardian)