



**Guernsey Island Amateur Athletics Club  
Colts & Juniors Road & Cross Country Section**

**INTERTRUST HANDICAP RACES BOYS AND GIRLS**

Race 6: U7  
 Venue: Delancey Park  
 Date: 20 February 2010  
 Distance: 500m

Position	Name	Handicap	Time	Actual Time
1	Nathan de Carteret	0.20	3.24	3.04
2	Joshua Powell	0.15	3.31	3.16
2	Elliott Wilkins	0.30	3.31	3.01
4	Amy Snoding	0.15	3.35	3.20
5	James Kail	0.45	3.36	2.51
6	Rory Sullivan	0.40	3.40	3.00
7	Erin Sullivan	0.00	3.42	3.42
8	Joe Coutanche	0.20	3.44	3.24

Race 6: U9  
 Venue: Delancey Park  
 Date: 20 February 2010  
 Distance: 1000m

Position	Name	Handicap	Time	Actual Time
1	Craig Roberts	0.30	5.03	4.33
2	Jessie Staples	1.00	5.08	4.08
3	Jamie Lowe	0.20	5.10	4.50
4	Tom Stapley	0.50	5.11	4.21
5	Jake Robin	1.00	5.13	4.13
6	Sam White	0.45	5.14	4.29
7	Hugo Bisson	1.05	5.16	4.11
8	Louis Le Cheminant	1.05	5.23	4.18
9	Harry Phillips	0.50	5.25	4.35
10	Charlotte Le Noury	0.55	5.29	4.34
11	Chloe Nicholls	0.35	5.32	4.57
12	Alex Tapp	0.40	5.32	4.52
13	Eliza Mason	0.50	5.33	4.43
14	Holly Mae Snoding	0.25	5.34	5.09
15	Josh Lewis	0.35	5.47	5.12
16	Steven Marley	0.20	5.55	5.35



Race 6: U11  
 Venue: Delancey Park  
 Date: 20 February 2010  
 Distance: 2000m

Position	Name	Handicap	Time	Actual Time
1	Kira Avery	1.05	10.18	9.13
2	Alistair Chalmers	1.40	10.20	8.40
3	Rebecca Toll	2.10	10.21	8.11
4	Patrick Josey	1.10	10.22	9.12
5	Chloe Roberts	0.20	10.25	10.05
6	Kerys Chamberlain	2.15	10.36	8.21
7	Teddy Le Clerc	2.35	10.39	8.04
8	Alex Rowe	3.00	10.49	7.49
9	Grace Phillips	0.00	10.49	10.49
10	Hannah English	2.20	11.01	8.41
11	Sarah marley	1.30	11.03	9.33
12	Joshua Smith	1.05	11.09	10.04
13	Joanna Stapley	0.55	11.12	10.17
14	Edward Mason	2.50	11.17	8.27
15	Jessica Gallienne	0.50	11.19	10.29
16	Lewis Robins	0.55	11.32	10.37
17	Kieren Trebert	0.20	11.33	11.13
18	Rosie Lewis	1.00	11.53	10.53



Race 4 (rearranged): U7

Venue: L'Ancrese Beach Car Park

Date: 24 January 2010

Distance: 500m

Position	Name	Handicap	Time	Actual Time
1	Rhiannon Dowinton	0.40	3.07	2.27
2	Erin Sullivan	0.00	3.10	3.10
3	Rory Sullivan	0.35	3.14	2.39
4	Sebastian Vance	0.20	3.17	2.57
5	Josh Avery	0.30	3.18	2.48
6	Joshua Powell	0.05	3.19	3.14
7	Nathan de Carteret	0.20	3.19	2.59
8	Harry Ogier	0.00	3.19	3.19
9	Sophie Gallienne	0.10	3.24	3.14
10	Joe Coutanche	0.10	3.26	3.16
11	Aimee Snoding	0.10	3.29	3.19
12	Gian Luca	0.00	3.19	3.14
13	Lauran Coutanche	0.10	3.30	3.20



Race 4 (rearranged): U9

Venue: L'Ancrese Beach Car Park

Date: 24 January 2010

Distance: 1000m

Position	Name	Handicap	Time	Actual Time
1	Craig Roberts	0.25	5.24	4.59
2	Chloe Nicholls	0.10	5.27	5.17
3	Luc Duffett	0.00	5.31	5.26
4	Jennifer Creed	0.15	5.31	5.16
5	Sam White	0.25	5.32	5.07
6	Harry Phillips	0.55	5.34	4.39
7	Jessie Staples	1.00	5.34	4.34
8	Max Sharpe	0.35	5.35	5.00
9	Eliza Mason	0.45	5.36	4.51
10	Tom Stapley	0.50	5.39	4.49
11	Charlotte Le Noury	0.50	5.41	4.51
12	Holly Mae Snoding	0.05	5.42	5.37
13	Anton Goovaerts	0.40	5.42	5.02
14	Alex Tapp	0.30	5.48	5.18
15	Hugo Bisson	1.15	6.01	4.46
16	Louis Le Cheminant	1.20	6.07	4.47
17	Rebecca Le tissier	0.25	6.11	5.46
18	Steven Marley	0.05	6.14	6.09
19	Kacey Ozanne	0.00	6.35	6.35



Race 4 (rearranged): U11

Venue: L'Ancrese Beach Car Park

Date: 24 January 2010

Distance: 2000m

Position	Name	Handicap	Time	Actual Time
1	Alex Rowe	1.35	10.08	8.33
2	Kerys Chamberlain	0.55	10.18	9.23
3	Kira Avery	0.25	10.21	9.56
4	Edward Mason	1.25	10.24	8.59
5	Teddy Le Clerc	1.05	10.29	9.24
6	Rebecca Toll	1.10	10.29	9.19
7	Renee Hubert	0.50	10.58	10.08
8	Joanne Stapley	0.35	11.04	10.29
9	Seb Amies Nash	1.15	11.07	9.52
10	Adrian Duffet	0.45	11.10	10.25
11	Chloe Roberts	0.10	11.17	11.07
12	Lewis Robin	0.20	11.24	11.04
13	Jessica Gallienne	0.20	11.27	11.07
14	Kyra Goovaerts	0.30	11.45	11.15
15	Amy Sharpe	0.15	11.48	11.33
16	Grace Phillips	0.15	12.22	12.07
17	Kieren Trebert	0.10	12.23	12.13



Race 5: U7  
 Venue: Grande Harve Tea Rooms (Sandy Hook)  
 Date: 3 January 2010

*Race 4 was postponed due to weather conditions*

Position	Name	Handicap	Time	Actual Time
1	Joshua Powell	0.05	2.13	2.08
2	Elliott Wilkins	0.15	2.19	2.04
3	Lauran Coutantche	0.10	2.27	2.17
4	Sophie Gallienne	0.10	2.29	2.19
5	James Kail	0.30	2.30	2.00
6	Nathan de Carteret	0.20	2.33	2.13
7	Rhiannon Dowington	0.45	2.33	1.48
8	Sebastian Vance	0.20	2.34	2.14
9	Joe Coutanche	0.10	2.37	2.27
9	Josh Avery	0.35	2.37	2.02
11	Joseph Le cheminant	0.25	2.43	2.18



Race 5: U9  
 Venue: Grande Harve Tea Rooms (Sandy Hook)  
 Date: 3 January 2010  
 Distance: 1k

Position	Name	Handicap	Time	Actual Time
1	Jennifer Creed	0.15	5.23	5.08
2	Charlotte Le Noury	0.50	5.27	4.37
3	Joshua Thornton	1.05	5.28	4.23
4	Louis Le Cheminant	1.10	5.29	4.19
5	Tom Stapley	0.50	5.30	4.40
6	Sam White	0.25	5.31	5.06
7	Jessie Staples	1.00	5.31	4.31
8	Eliza Mason	0.45	5.32	4.47
9	Jake Robin	1.05	5.33	4.28
10	Max Sharpe	0.40	5.34	4.54
11	Josh Lewis	0.30	5.38	5.08
12	Anton Goovaerts	0.45	5.41	4.56
13	Kacey Ozanne	0.00	5.46	5.46
14	Hugo Bisson	1.15	5.53	4.38



Race 5: U11  
 Venue: Grande Harve Tea Rooms (Sandy Hook)  
 Date: 3 January 2010

Position	Name	Handicap	Time	Actual Time
1	Kerys Chamberlain	1.10	9.48	8.38
2	Alex Rowe	1.50	10.02	8.12
3	Rebecca Toll	1.15	10.05	8.50
4	Edward Mason	1.40	10.13	8.33
5	Alistair Chalmers	1.30	10.25	8.55
6	Hannah English	1.20	10.33	9.13
7	Teddy Le Clerc	1.35	10.38	9.03
8	Joanne Stapley	0.25	10.48	10.23
9	Adam Creed	0.35	10.52	10.17
10	Kira Avery	0.40	10.54	10.14
11	Rene Hubert	1.05	10.54	9.49
12	Amy Sharpe	0.20	11.12	10.52
13	Kyra Goovaerts	0.30	11.15	10.45
14	Jessica Gallienne	0.25	11.18	10.53
15	Rosie Lewis	0.35	11.29	10.54
16	Lewis Robin	0.40	11.53	11.13
17	Kieren Trebert	0.10	12.05	11.15



Race 3: U7  
 Venue: L'Ancrese Lodge Car park  
 Date: 22 November 2009  
 Distance: 520

Position	Name	Handicap	Time	Actual Time
1	Rhiannon Dowinton	0.40	3.10	2.30
2	Joshua Powell	0.00	3.13	3.13
3	Lorcan Gallagher	0.15	3.14	2.59
4	Sophie Gallienne	0.10	3.15	3.05
5	Sebastian Vance	0.20	3.19	2.59
6	Rory Sullivan	0.30	3.23	2.53
7	Harry Ogier	0.00	3.23	3.23
8	Josh Avery	0.30	3.32	3.02
9	Erin Sullivan	0.05	3.45	3.40

Race 3 U9  
 Venue: L'Ancrese Lodge Car Park  
 Date: 22 November 2009  
 Distance: 950m

Position	Name	Handicap	Time	Actual Time
1	Louis Le Cheminant	0.40	5.18	4.38
2	Max Sharpe	0.30	5.22	4.52
3	Sam White	0.25	5.25	5.00
4	Tom Stapley	0.40	5.25	4.45
5	Harry Phillips	0.50	5.27	4.37
6	Jessie Staples	0.55	5.34	4.39
7	Steven Marley	0.10	5.40	5.30
8	Jake Robin	1.05	5.58	4.53
9	Lucas Ozanne	0.35	5.58	5.23
10	Eliza Mason	0.45	6.00	4.15
11	Charlotte Le Noury	0.45	6.10	4.25
12	Erin Ogier	0.00	6.17	6.17



Race 3                    U11  
 Venue:                    L'Ancrese Lodge Car Park  
 Date:                      22 November 2009  
 Distance:                1470m

Position	Name	Handicap	Time	Actual Time
1	Alex Rowe	1.45	7.54	6.09
2	Hannah English	1.25	7.55	6.30
3	Edward Mason	1.40	8.05	6.25
4	Rebecca Toll	1.15	8.07	7.52
5	Jessica Gallienne	0.20	8.10	7.50
6	Seb Amies Nash	1.30	8.11	6.41
8	Amy Sharpe	0.25	8.31	8.06
9	Sara Marley	1.05	8.31	7.26
10	Lewis Robin	0.30	8.36	8.06
11	Grace Phillips	0.10	8.46	8.36
12	Zac Robin	0.30	8.52	8.22
13	Kerys Chamberlain	1.20	9.02	7.41
14	Renee Hubert	1.10	9.06	7.54
15	Joanna Stapley	0.20	9.13	8.53



Race 2: U7  
 Venue: Grandes Rocques Car Park  
 Date: 25 October 2009  
 Distance: 400m

Position	Name	Handicap	Time	Actual Time
1	Nathan De Carteret	0.15	3.05	2.50
2	Sebastian Vance	0.15	3.07	2.52
3	Erin Sullivan	0.00	3.10	3.10
4	Leighton Woodhead	0.20	3.11	2.51
5	Rory Sullivan	0.30	3.12	2.42
6	Joseph Adams	0.25	3.14	2.49
7	Joe Coutanche	0.15	3.07	2.52
8	Rhiannon Dowington	0.40	3.15	2.35
9	Sophie Gallienne	0.20	3.18	2.58
10	Josh Avery	0.35	3.20	2.45
11	Harry Ogier	0.05	3.20	3.15
12	Isobel Jones	0.05	3.21	3.16
13	Lillie Cochrane	0.10	3.23	3.13
14	Joshua Powell	0.10	3.27	3.17
15	Elliott Wilkins	0.30	3.40	3.10
16	Courtney Pipe	0.05	4.45	4.40



Race 2: U9  
 Venue: Grandes Rocques Car Park  
 Date: 25 October 2009  
 Distance: 900m

Position	Name	Handicap	Time	Actual Time
1	Louis Le Cheminant	0.30	4.41	4.11
2	Steven Marley	0.05	4.55	4.50
3	Joshua Pipe	0.50	4.56	4.06
4	Tom Vaudin	0.30	4.00	4.30
5	Erin Ogier	0.00	5.03	5.03
6	Ellie Amies Nash	0.25	5.04	4.39
7	Alex Feriera	1.00	5.05	4.05
8	Rebecca Le Tissier	0.30	5.06	4.36
9	Melissa Wilson	0.10	5.09	4.59
10	Craig Roberts	0.35	5.11	4.36
11	Jessie Staples	1.10	5.12	4.02
12	Anton Goovaerts	0.55	5.13	4.18
13	Kacey Ozanne	0.05	5.19	5.14
14	Eliza Mason	1.05	5.20	4.15
15	Jake Robin	1.20	5.22	4.02
16	Harvey Adams	0.40	5.23	4.43
17	Ethan Woodhead	0.50	5.25	4.35
18	Ben Vaudin	0.25	5.27	5.02
19	Charlotte Le Noury	1.10	5.28	4.18
20	Ethan Falla	0.45	5.29	4.44



Race 2: U11  
 Venue: Grandes Rocques Car Park  
 Date: 25 October 2009  
 Distance: 1800m

Position	Name	Handicap	Time	Actual Time
1	James Hudson	0.30	9.12	8.42
2	Edward Mason	1.50	9.18	7.28
3	Louie Cochrane	0.50	9.19	8.29
4	Joshua Smith	0.55	9.31	8.36
5	Adrian Duffet	1.05	9.36	8.31
6	Renee Hubert	1.15	9.37	8.22
7	Chloe Roberts	0.05	9.52	9.47
8	Kieren Trebert	0.05	9.55	9.50
9	Jessica Gallienne	0.40	10.02	9.22
10	Kyra Goovaerts	0.45	10.19	9.34
11	Kira Avery	0.50	10.30	9.40



## INTERTRUST HANDICAP RACES BOYS AND GIRLS

Race 1: U7  
 Venue: Pembroke Car Park  
 Date: 3 October 2009  
 Distance: 350m

Position	Name	Handicap	Time	Actual Time
1	Sophie Gallienne	0.00	2.05	2.05
2	Lauren Coutanche	0.00	2.10	2.10
3	Luke Ousley	0.00	2.12	2.12
4	Isobel Jones	0.00	2.17	2.17
5	Erin Sullivan	0.00	2.20	2.20
6	Joshua Powell	0.15	2.23	2.08
7	Rory Sullivan	0.35	2.24	1.49
8	Josh Avery	0.40	2.25	1.45
9	Emmelie Wright	0.00	2.25	2.25
10	Joseph Le Cheminant	0.30	2.28	1.58
11	Sebastian Vance	0.30	2.29	1.59
12	Nathan de Carteret	0.25	2.30	2.05
13	Rhiannon Dowington	0.50	2.31	1.41
14	Harry Ogier	0.15	2.37	2.22
15	Elliot Wilkins	0.20	2.47	2.27



Race 1: U9  
 Venue: Pembroke Car Park  
 Date: 3 October 2009  
 Distance: 1K

Position	Name	Handicap	Time	Actual Time
1	Ellie Amies Nash	1.10	6.16	5.06
2	Caitlin Le Gallez	1.15	6.18	5.03
3	Sam White	1.40	6.19	4.39
4	Kieran Le Gallez	1.45	6.22	4.39
5	Charlotte Le Noury	2.00	6.23	4.23
6	Melissa Wilson	1.15	6.24	5.09
7	Steven Marley	1.25	6.25	5.00
8	Josh Lewis	1.45	6.25	4.40
9	Hugo Bisson	2.10	6.26	4.16
10	Alex Feriera	2.10	6.26	4.16
11	Harry Phillips	2.00	6.26	4.26
12	Jessie Staples	2.05	6.28	4.23
13	Louis Le Cheminant	2.10	6.29	4.19
14	Eliza Mason	2.05	6.31	4.26
15	Tom Stapley	1.55	6.31	4.36
16	Anton Goovaerts	1.55	6.32	4.37
17	Jennifer Creed	1.35	6.34	4.59
18	Jake Robin	2.15	6.38	4.23
19	Max Sharpe	2.00	6.42	4.42
20	Lucas Ozanne	1.45	6.42	4.57
21	Rebecca Le Tissier	1.50	6.46	4.56
22	Ethan Falla	1.35	6.48	5.13
23	Craig Roberts	1.50	6.51	5.01
24	Kacey Ozanne	1.10	6.57	5.47
25	Erin Ogier	1.15	7.06	5.51



Race 1: U11  
 Venue: Pembroke Car Park  
 Date: 3 October 2009  
 Distance: 2k

Position	Name	Handicap	Time	Actual Time
1	Seb Amies Nash	1.40	9.46	8.06
2	Rebecca Toll	1.35	10.03	8.28
3	Alistair Chalmers	1.35	10.11	8.36
4	Kira Avery	0.35	10.12	9.37
5	Edward Mason	2.00	10.14	8.14
6	Kerys Chamberlain	1.40	10.15	8.35
7	Lewis Robin	0.40	10.23	9.43
8	Sara Marley	1.00	10.33	9.33
9	Joshua Smith	1.00	10.36	9.36
10	Charlotte Coutanche	0.15	10.37	10.22
11	Adrian Duffett	1.00	10.42	9.42
12	Adam Creed	0.25	10.45	10.20
13	Grace Shearer	0.15	10.45	10.30
14	Lucas Perkins	0.55	10.48	9.53
15	Sammy Archenoul	0.55	10.58	10.03
16	Amy Sharpe	0.20	11.02	10.42
17	Jessica Gallienne	0.25	11.05	10.40
18	Joanne Stapley	0.15	11.12	10.57
19	Kieren Trebert	0.20	11.18	10.58
20	Deanna Sergeant	0.20	11.32	11.12
21	Nicholas Wright	0.15	11.12	10.57
22	Rosie Lewis	0.25	12.10	11.45