

Guernsey Island Amateur Athletic Club

COLTS CLUB CHAMPIONSHIPS 2010

ENTRY FORM

| | | | |
|-------------------|--|----------------------|--|
| NAME | | TELEPHONE | |
| AGE GROUP* | | DATE OF BIRTH | |

Please note:

U9 and U11 may compete in a maximum of THREE events each day plus other finals held on other days.

U7 (Friday Group only) may compete in a maximum of THREE events on Friday 3rd Sept only.

Please enter me for the following events @ £2.00 per event

| | DAY | EVENT |
|----|------------|--------------|
| 1 | | |
| 2 | | |
| 3 | | |
| 4 | | |
| 5 | | |
| 6 | | |
| 7 | | |
| 8 | | |
| 9 | | |
| 10 | | |

I enclose a cheque for £ payable to 'GIAAC'

Signed: (Parent/Guardian)

CLOSING DATE FOR ENTRIES IS Thursday 15th July - NO ENTRIES WILL BE ACCEPTED AFTER THIS DATE

Detach this form, keeping the time-table below and send it, with correct entry fee to – Bob Carre, Casa Mia, Brock Road, St Sampsons, GY2 4PN.

Guernsey Island Amateur Athletic Club

COLTS CLUB CHAMPIONSHIPS 2010

Provisional Timetable

| <u>Proposed Timetable for Tuesday 29th June</u> | | | |
|---|------------------|--|-------------------|
| Time | Under 9's | | Under 11's |
| 5.15 | 50m | | |
| | | | |
| 5.20 | | | 75m |
| | | | |
| 5.30 | 400m | | |
| | | | |
| 5.35 | | | 600m |
| | | | |
| 5.45 | Long Jump | | Long Jump |
| | | | |
| 6.00 | Shotputt | | Javelin |
| | | | |

| <u>Proposed Timetable for Thursday 1st July</u> | | | |
|---|------------------|--|-------------------|
| Time | Under 9's | | Under 11's |
| 5.15 | 75m | | |
| | | | |
| 5.20 | | | 100m |
| | | | |
| 5.30 | 600m | | |
| | | | |
| 5.35 | | | 800m |
| | | | |
| 5.45 | Hop Step Jump | | Discus OR Caber |
| | | | |
| 6.00 | Javelin | | Triple Jump |
| | | | |

| <u>Proposed Timetable for Thursday 15th July</u> | | | |
|--|------------------|--|-------------------|
| Time | Under 9's | | Under 11's |
| 5.15 | 1000m | | |
| | | | |
| 5.30 | | | 2000m |
| | | | |

Guernsey Island Amateur Athletic Club

Club Championship – Part 2

| Proposed Timetable for Friday 3rd September | | | | | |
|---|------------------|--|------------------|--|-------------------|
| Time | Under 7's | | Under 9's | | Under 11's |
| 4.30 | 50m | | | | |
| 4.40 | | | Ball Throw | | High Jump |
| 4.50 | Long jump | | | | |
| 5.10 | | | | | Hurdles |
| 5.15 | | | Hurdles | | |
| 5.30 | 150m | | | | Hammer |
| 5.45 | | | 300m | | |
| 5.55 | | | High Jump | | 300m |
| 6.05 | | | | | Ball Throw |
| 6.15 | Ball Throw | | | | |
| 6.25 | | | 60m | | |
| 6.35 | | | | | 80m |
| 6.45 | | | | | Shot Putt |