

**GUERNSEY ISLAND AMATEUR ATHLETICS CLUB**  
**COLTS & JUNIORS CROSS COUNTRY EASTER RUNS 2010**  
*Sponsored by KPMG Channel Islands Ltd*  
**ENTRY FORM**

Date		Age Group	Distance	Venue	Time	Organiser
Fri 2 <sup>nd</sup> April	Race 1	U7 U9 U11 U13 U15 U17	U7 – 500m U9 - 1K U11 - 2K U13 - 3K U15 /17- 4K	Port Soif Headland	10.00am	Bob & Jan Carre Tel: 246803
Sat 3 <sup>rd</sup> April	Race 2	U7 U9 U11 U13	U7 – 300m U9 - 500m U11 - 1K U13 - 1.5K	Les Amarreurs (Lucksall Garage)	10.30am	Bob & Jan Carre
Sat 3 <sup>rd</sup> April	Race 2	U15 U17	½ Full Course	Les Amarreurs (Lucksall Garage)	11.00am	Senior Race
Sun 4 <sup>th</sup> April	Race 3	U7 U9 U11	Team Relay 500m	(Fort Doyle) L'Anresse Beach Car Park	10.00am	Bob & Jan Carre
Sun 4 <sup>th</sup> April	Race 3	U13 U15 U17	Team Relay 2 miles	(Fort Doyle) L'Anresse Beach Car Park	10.30am	Senior Race Separate Entry form needed
Mon 5 <sup>th</sup> April	Race 4	U7 U9 U11 U13 U15 U17	U7 – 500m U9 - 1K U11 - 2K U13 - 3K U15 /17- 4K	L'Anresse Lodge Car Park	9.00am	Bob & Jan Carre

All races will cost **£2.00** entry per race.

**LATE ENTRIES ON THE DAY WILL BE £3.00 APART FROM EASTER SATURDAY (which will stay at £2.00)**

Team relays can be boys, girls or mixed teams. Four athletes per team.

There will be medals and other prizes during the weekend .

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(Please complete in block capitals)

<b>Surname:</b>		<b>Forename:</b>	
<b>Address:</b>			
	<b>Post Code:</b>		
<b>Sex:</b>		<b>School Year:</b>	

Please enter me for the following races. I declare that I am medically fit to run and understand that I enter at my own risk. The organisers will not be held responsible for any injury, loss or damage caused as a result of my participation in the Easterruns 2010.

(tick boxes)

Friday 2 <sup>nd</sup> April Port Soif Headland	( )	Sunday 4 <sup>th</sup> April Team Relay (Fort Doyle) L'Anresse Beach Car Park	( )
Saturday 3 <sup>rd</sup> April Les Amarreurs	( )	Monday 5 <sup>th</sup> April L'Anresse Lodge Car Park	( )

<b>Signed:</b>		<b>Date:</b>	
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(parent/guardian)

I enclose cash/cheque in the sum of £..... (cheques made payable to G.I.A.A.C.)

Entries to be sent to: Bob Carre, Casa Mia, Brock Road, St Sampsons, Guernsey, GY2 4PN.